# A REPORTONTHE COUSELLING AND GUIDANCE PROGRAM AT KIDS CARE PRIMARY SCHOOL ON 5<sup>TH</sup> APRIL 2022

### INTRODUCTION

On the 05/04/2022, the ECHO Team together with two doctors for teeth went to Kids care Primary School for a counselling and guidance program which included teaching children how to care for their teeth, cleanliness, how to behave during holidays among others

#### BODY

- ► The children were divided into two groups ,a group for girls and boys .
- ▶ Doctor Emanuel taught the boys on how to care for their teeth.
- ► He taught them the different causes of tooth pain such as
- eating sweets ,
- ► Eating too much chocolate
- ► Not brushing every morning
- ► Using teeth as bottle openers
- Not visiting Dental doctors to check on their teeth

- Doctor Maria Esther also handled the girls and taught them about different things such as ,
- Sex education such as
- Menstruation periods like its signs, how to use sanitary towels
- Personal hygiene such how to bath very well, how to use shavers.
- Problems that result from engaging in sex when young such as school drop out ,early pregnancy,STDS ,HIV AIDS.
- She also emphasized o drinking boiled water to prevent them from getting diseases like typhoid.

## PHOTOS



















#### CONLUSION

- ▶ We would like to thank so much our team in Germany for the wonderful work you do.
- ▶ Its such a blessing for the children to learn that prevention is better than cure through sponsoring such programs .
- This will help our children not to be abused and to help them practice personal hygiene and this will prevent them from getting different diseases such as tooth decay ,STDS ,Infections ,typhoid.
- ▶ We hope to carry on many health programs so that our children learn a lot from them.

REGARDS

**RONNIE** 

ROBERT

ERIC

### ECHO TEAM UGANDA